

THUNDER BAY QUILTERS' GUILD

QUILTERS' QUILL

March 2021

1100 Memorial Avenue, Suite 213,
Thunder Bay, Ontario, P7B 4A3

Email: tbaygg@outlook.com
<http://thunderbayquilters.org/>

"The Executive will work together as a team to support and encourage new quilters, challenge and draw upon experienced quilters and provide warmth and comfort to those in need." As your Executive Committee, we are designing some things to meet the above goal.

SUBMISSION DEADLINE

Items for Quilters' Quill should be submitted by the Monday of two weeks before the Guild Meeting. Please email or call Joanne Kavanagh 345-2269.

mail to: kavanagh@tbaytel.net

MEETING AGENDA

March 15, 2021 NOTE - meeting will
begin promptly at 7:00 pm
(zoom will open at 6:00 pm).

To be held over Zoom – link will be sent in the email with this Quill

1. Welcome
2. Program
3. Show and Tell
4. Break (Breakout Rooms)
5. Acceptance of Agenda
6. Acceptance of Minutes
7. Business Arising from Minutes
8. Executive Reports
9. Council Reports
10. New Business
11. Door Prizes / Adjournment

PRESIDENT'S CORNER

I am not an expert, but I would say March came in like a lamb. We are enjoying the warmth of the sun these days and just enough snow to keep the skiers happy. Considering what we have been through this year, bring on the lion. It doesn't scare us.

March 20 is National Quilting Day. Let's all celebrate. You can join our Virtual Sewing Day, quilt in your favourite spot or just dream about quilting. This day also gives us an opportunity to show others the wonder of quilting. We encourage you to hang your quilts outside for the world to see – from your fence, clothesline or even in your front window.

We already know how wonderful quilting is – let's show the world!

Take care everyone,

Cathy

Next Meeting: April 19, 2021



NATIONAL QUILTING DAY - MARCH 20

Join us in celebrating this day. We have planned a virtual sew day where you can join others to explore the wonders of our craft. Email president.tbqg@gmail.com to participate.

Let's show the world our quilts. It would be great if we could cover our neighbourhoods with quilts. Look for a place to hang one, two or many of your beautiful quilts – maybe on your fence, your clothesline or even in your front window.* Take a photo and post in on our Facebook page and/or send a copy to Marina at secretary.tbqg@gmail.com. Your name will be entered in a draw for a fabulous prize. A presentation of our hanging quilts will be shown at the April meeting. Hang your quilt with pride!

*Take care to keep your eyes on your quilts to make sure they don't wander off.

VIRTUAL SEW DAYS

We will be continuing our Virtual Sew Days in 2021. I hope you will join us from your sewing room. There is no program, just log on - the rest is up to whatever you want to do – come and go at your leisure.

Next Dates: Saturday, March 20 at 10-4 – International Sewing Day

Wednesday, Mar 31 at 1-4

Wednesday, Apr 7 at 1-4

Please send an email to president.tbqg@gmail.com to register.

2020/2021 EXECUTIVE

President: Cathy Ridley
president.tbqg@gmail.com 627-0972

Vice-president: Laura Cooke
vp.tbqg@gmail.com 632-8479

Secretary: Marina Erdman
secretary.tbqg@gmail.com 252-0304

Treasurer: Ginny Strey
treasurer.tbqg@gmail.com 476-5574

Program Co-Chairs:
Adrienne Lopes 251-1185
Mary Catharine Kennedy 631-7090
program.tbqg@gmail.com

Guild Workshops/Demos: Laura Cooke
rl.cooke@hotmail.com

Hall of Fame: Christina Wakefield
Library: Maria Watson

mcwatson@tbaytel.net

Quilt Show: Christina Wakefield
christinalwakefield@gmail.com

Quilt Bee: Adrienne Lopes
alopes@tbaytel.net

Webmaster: Cathy Ridley
cridley@tbaytel.net

Quill (Newsletter): Joanne Kavanagh
kavanagh@tbaytel.net

Donation Placemats: Doris Dungan
dorisd@tbaytel.net

Judy Murphy judy56@tbaytel.net

Sew Days: Ellen Lang
ellen_lang@tbaytel.net

Suzanne Mills rsmills@tbaytel.net

Teddy Bear Quilts: Peggy Skillen
pegskillen@tbaytel.net

2020/2021 TBQG COUNCIL

Past President: Christina Wakefield
pastpresident.tbqg@gmail.com

Communications Coord: Ruth Hamlin-Douglas
ruth.hamlin.douglas@gmail.com

Comfort Quilts: Pat Inch
halandpat@hotmail.com

Florence Poster fposter@tbaytel.net

Guild Calendar of Events

March—April 2021

Date	Time	Event Description
March 15, 2021	19:00	Guild Meeting
March 20, 2021	10:00—16:00	International Quilting Day Virtual Sew Day—10am-4pm—Registration Required
March 27, 2021	15:00-16:00	Program Office Hour 3-4pm
March 31, 2021	13:00—16:00	Virtual Sew Day—1pm-4pm—Registration Required
April 5, 2021	19:00	Executive Meeting
April 7, 2021	13:00—16:00	Virtual Sew Day—1pm-4pm—Registration Required
April 10, 2021	10:00 – 15:00	Traditional and Curvy - Workshop
April 11, 2021	10:00 – 15:00	Traditional and Curvy - Workshop
April 18, 2021	10:00—16:00	Virtual Sew Day—10am-4pm—Registration Required
April 19, 2021	19:00	Guild Meeting
May 1, 2021		Sew Sisters Swap – Mail Deadline
May 3, 2021	19:00	Executive Meeting

THUNDER BAY QUILTERS' GUILD MERCHANDISE



Guild merchandise will be for sale will be for sale this year.

Pins cost \$5.00

Name tag kits cost \$5.00

Guild bags cost \$20.00

If you want to purchase any of these items, please email Marg Marks at mjmarks@tbaytel.net



TBQG Sisterhood Swap – Spring 2021

Important Dates:

Cost \$5.00 payable to the Thunder Bay Quilters Guild by cheque or email transfer to tbayqg@outlook.com

Register and pay by March 1, 2021

Pattern and group assignment sent by March 8, 2021

Blocks made and mailed by May 1, 2021

Finished block for Show and tell at June Meeting



The Guild is sponsoring this project swap and supporting the members in the purchase of the "Sisterhood" pattern by Berene Campbell. Each participant will need to pay \$5.00 for the pattern. The pattern is paper pieced and will be available only to those members who participate in the swap. The material will come from your stash. Please use 5 different low volume materials for the background. Members will be assigned to a group of 8 for the purposes of the swap. There will be a presentation at the February Guild Meeting about this swap.

By participating in the Sisterhood Swap, you are committing yourself to make **eight of one section of the pattern**, as assigned by the Swap Committee. To ensure everyone receives the correct number of sections for the block, you will keep one section and send the other seven sections you made to the other members in your group. You will then receive the seven other sections required to complete the pattern from your group members. The finished block will be **16 inches square**.

Registration must be received by **March 1st**, with the \$5.00 payment to the Guild. Groups and patterns will be emailed or available in print to you (at an extra cost) by **March 8th**. Finished sections of the block must be mailed by **May 1st**.

It is hoped that the blocks will be completed by the June meeting for our Show and Tell. The Swap Committee is looking forward to seeing what we all can do together. Blocks can be made into a bag as shown, or can be used to make a quilt if a number of groups want to do so.

NORTHCOTT 2021 CHALLENGE

I hope everyone is working on their challenge quilts so that we have a beautiful wall of quilts to showcase our talent. All the fat quarters have been purchased and there is a limited amount of fat eighths available. They will be sold on a first come, first serve basis. **Fat eights are available for \$5.** Payment for the challenge fabric will be **cash or etransfer only to Ellen Lang.** Contact Ellen Lang at 623-2307 or by email at ellen_lang@tbaytel.net if you are interested to arrange payment and coordinate pickup.

The challenge quilts will be displayed as part of the Grand Nations Crossroads Fibre Arts exhibition at the Thunder Bay Museum from July 13 – Sept 17, 2021. **The quilts will be hung on dowels so each quilt will require a hanging sleeve.** The hanging sleeve is basically a tube that is the length of your quilt and will fit your thumb. Both top and bottom of the hanging sleeve will need to be sewn to the top back of the quilt. **You also must label your quilt on the back only** – not on the front. Your label must include your name.

A few reminders about the challenge:

1. Create a wall hanging or quilt that can be hung. The quilt must be quilted & bound.
2. Maximum dimensions 36" x 36".
3. Must use all 3 challenge fabrics provided in the front of the quilt, not including the binding.
4. The 3 challenge fabrics must be prominent in the quilt.
5. Participants are encouraged to create an original design.
6. Only use 3 additional fabrics to create your original design.
7. A hanging sleeve is required on the back to accommodate a dowel. See above for the description
8. A label (on the back of the quilt) with your name.
9. Deadline for submission has changed to end of May 2021. Drop off location will be announced at a later date.

Submitted by Ellen Lang



Program 2020/2021

MARCH 2021 UPDATE



Are you back into the Quilt Along? This is the last month of patterns and then we get into assembly. As a bit of insight into how we planned the quilt, March's program gives you ideas on quilt layout and block arrangements. We hope you will find it both enjoyable and educational. Use these techniques the next time you are planning a quilt top.

Feel free to reach out to us by email at
Program.tbqg@gmail.com

[Adrienne Lopes](#) and [Mary Catharine Kennedy](#)

QUILT-A-LONG

Stars and a Twist

The final blocks for the quilt along use a bunch of half square triangles and flying geese blocks to make stars. If you saved your HST's from the geese now's the time to find them.

What's Planned for April?

Binding ideas and techniques

MARCH PROGRAM

Quilt Layouts

We enjoy planning our own quilts. This month we share some fundamental quilt top planning ideas with you to equip you with the power to plan your own quilts with a few blocks and some background fabrics. Have fun!

What's Planned for May?

Brenda Gael Smith
Of Serendipity Quilts
Guest Lecture

EXTRAS!

WITH THIS MONTHS PROGRAM EMAIL

This month's recipes are for Adrienne's go-to Granola base (get creative and make it your own) as well as a re-release of Laura Cooke's famous tortellini soup. So yummy!

What's Planned for June?

Rose Parr—Sew Smart
Guest Lecture
...and QAL Prizes!



We are here to help you and to answer questions!

Program Office Hours

March 27th, 2021

3 - 4 PM on Zoom

Link will be sent to members by email with a reminder.

Tools and Extras

You don't need any special tools to design a quilt top. Graph paper can be helpful and a calculator always helps us with quilt math. Remember that when you have a seam you lose 1/2 inch every time. Simple quilt math skills and trial and error can help every time.

A design wall or a large area on a floor, bed or wall can help with planning your layout. Sketching your plan before you leave it will help you to pick up where you left off next time.

Your phone or tablet with a digital camera is another great tool. Take photos of your layout plans and look at them on your camera. Remember to revisit the colour and quilts program from September when we shared tips on using black and white photos to look for balance in your quilt top.



Helpful Resources

On –Point Setting

Setting quilts on point can lead to some tricky math and bias edges. Blossom Heart Quilts has a great tutorial on how to calculate the size of triangles you need to make your quilt top work on point.

[How To Set A Quilt Top On Point | Setting Triangles Maths and Tutorial | Blossom Heart Quilts](#)

Layout Ideas for Quilt Tops

The Polka-dot Chair website has some great ideas for how to layout square blocks. She explores numerous ideas, some traditional and some more modern with negative space.

[Sampler Quilt Block Layout Ideas | The Polka Dot Chair](#)

Layouts to Consider for Square Blocks

Simple Grid—square grid layout with every block being the same as the previous. Blocks are stacked in a square grid pattern.

Alternating Blocks—This quilt layout would consist of two blocks, on a square grid, with every other block being a solid square.

Offset Blocks—Blocks set like bricks where each block is offset from the previous row by $1/2$ or $1/3$ of the width of the block.

Sashing and Cornerstones—add sashing and cornerstones to separate blocks from one another.

Rows or Columns— arrange your blocks in rows or columns and separate them with complementary fabrics.

Embellish your Blocks—add star points to your blocks to make them the center show-piece of a new larger star block.

From Around the Web...



Liked by **thefeltedpear** and others

mlrdesigns I fell in love with @cnmngirl_quilter #trinketquilt so I used hers as inspiration for my version #alisonglass #paperpiecing #celestialstar #lowvolume #finishit2020 #flyinggeese



Liked by **keystonemoderncreative** and others

mmmquilts Today's work. This quilt was too skinny so I had to come up with a way to fatten it up. Controlled #improv and #squareinasquare did the trick! (See what I did there 😊) I love how it turned out! This was definitely a #dreammoment quilt and it's one for @fabricaddictquilts #hands2help2021 Oh

So many different quilt top layout ideas. These are only a few to consider as you plan your next quilt.

Rainbow Celestial Star Quilt by @mlrdesigns where negative space is used creatively to give the different blocks room to breathe.

Personal Design Quilt by @mmmquilts where she adds in columns and square in a square blocks to expand the width of her quilt.

Quilt-a-Long

We have designed a Quilt-a-Long and both of us made our quilts with different fabrics to show you the possibilities with this pattern.

Patterns for this month will be provided to members by email after the meeting.

We encourage you to join in the fun!

Pick your fabrics and post your choices on Facebook or drop into our Office Hours Zoom Meeting to discuss your choices. We'd love to see your plans.

Final Quilt Size is planned to be 50 x 68 inches.

SAMPLE QUILTS FOR THE 2020/2021 QAL



Mary-Catharine's Sample Quilt

The blue and white sample quilt was created with a random selection of blue and white fabrics. It has a scrappy background with many different white and cream fabrics.



Adrienne's Sample Quilt

The multicolour sample quilt was created with a selection of fat quarters chosen to match a specific focus fabric. The background is Kona Navy.

FOR MORE INFORMATION ON OUR COLOUR AND FABRIC SELECTIONS PLEASE WATCH THE VIDEOS PROVIDED ON THE MEMBERS FACEBOOK PAGE



Thunder Bay Quilters Guild Presents

TRADITIONAL AND CURVY

A class with Daisy Aschehoug of WarmFolk

April 10 & 11 2021 - Extra Date Added!

This workshop offers an easy introduction to curved piecing. Each participant chooses a traditional block and sketches out a new block that substitutes quarter circle squares for half square triangles. We'll talk about design principles, quilt math, and explore secondary patterns. The class will cover strategies for selecting fabric, instructions for sewing curves with three different basting methods, and many tips for cutting and pressing that help your curves look amazing.

Registration

Cost **\$60/members** - \$80/non-members - payable at time of registration

Registration Opens **Tue. Feb. 16 @ 9am/members** - Tue. Mar. 2 @ 9am/non-members

Email Cathy Ridley @ cridley@tbaytel.net

SEW DAYS

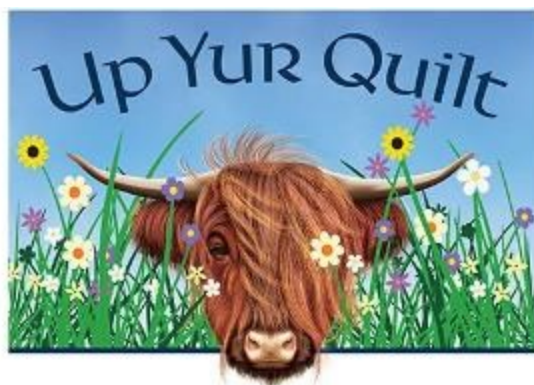
The Coliseum Building is now being used by the Thunder Bay Health Unit until the end of August so it looks like Sew Days will be cancelled until next fall. I will let you know if anything changes.

Ellen Lang ellen_lang@tbaytel.net

ADVERTISING ON SOCIAL MEDIA

We would like to offer a \$5/month Add-On to our current advertising prices. The \$5/month fee will include 1 social media post per month (on both the public Facebook group and Instagram). All advertisements must include all/any necessary information as they will NOT be edited in any way before publishing. If any advertisement does not adhere to our code of conduct, the executive committee can refuse an ad. All advertisements can be sent to the secretary.tbqg@gmail.com for review. If you have any questions please do not hesitate to ask!

Marina



MEALS ON WHEELS PLACEMATS

Check out the NEW placemat page on the Guild's website. Access it using the Placemats link on the right-hand side of the Home Page, under Community Service. You will find pictures with links to printable PDF files of all of our patterns as well as a printable PDF placemat pattern index that you can download. Many thanks to Webmaster/President Cathy Ridley for all of her work setting this up! A huge thank you also goes out to all the members who generously contributed beautiful placemats when we were collecting them to donate to the 181 residents of the PR Cook apartments last month. The donations exceeded our need at the time, so we have a good start for the next time! Let us know if you know of another group or facility that would use and enjoy our work. Our final thank you goes to Cindy Cockell for providing us with a few of her own placemat patterns, which have also been added to our web page. Contact Doris (dorisd@tbaytel.net) if you need labels for placemats that you are making with your own fabrics or have any questions about the placemats or patterns. We are looking forward to a time when we can again distribute our kits!

Doris Dungan and Judy Murphy

QUILT BEE

Have you been quilting a lot this winter? Please consider making donation quilts for our charity quilt recipients. We have decided to further postpone the Quilt Bee however we still have facilities who are accepting and in need of quilts. If you are working on a quilt and need batting or backing please contact Adrienne at alopes@tbaytel.net to obtain batting and backing. If you would like a kit to work on, please also contact Adrienne. We have several kits in inventory and can get them to you easily and with no contact! If you need a pattern idea, let me know and I can help you to pick one or provide one from our Quilt Bee pattern library. Remember that Linda's Quilt makes a great Hospice and Lap size. I've attached the pattern again for your use. We have a sew day coming up on Saturday, March 20 and I encourage you to consider working on a charity quilt on that day. It is national quilting day and what a great way to celebrate our artwork by creating a quilt for others to enjoy in our community. Keep quilting and let Adrienne know if you need any supplies for charity quilts.

Adrienne Lopes

alopes@tbaytel.net



CHRISTMAS CHEER TEDDY BEAR COMMITTEE

Cathy and I have added a new link to our Guild's website, <http://thunderbayquilters.org/> that I hope will be helpful when trying to decide what to make for a Teddy Bear quilt pattern. If you are anything like me, I need a pattern when making a small quilt for my Teddy Bears.

The link is found on the right-hand side of the home page listed as "Teddy Bear Quilts" under Community Service. I hope to add more as I find them or resize them for Teddy Bears, so keep checking to see if there are any new ones that have been added.

Thank you,

Peggy Skillen

CHRISTMAS CHEER TEDDY BEAR COMMITTEE





FIDGET KITS

The fidget kits have a variety of fabrics and doodads to utilize in making interesting squares. 21 ideas are listed and your imagination can add many more once you get started. Texture and colour are crucial for the fabrics which are typically 6" to 7" single squares. A PSW at Roseview mentioned that a single square with one repetitive activity for each person is much better than a whole series as it is too confusing to the client. They also tend to claim it as their own, so many single ones can be better used.

1. Small raw edged pockets from denim appeal to men, particularly if keys, old plastic cards are attached so they can be easily slipped in and out.
2. The narrow end of a colourful necktie is a natural for a large buttonhole to slip on and off a well sewn on button.
3. Prairie points with the fuzzy half of Velcro sewn on the underside are easy to pull off from the matching Velcro hook side. It also makes a noise!
4. Three thick nylon ropes, each a different colour, can be braided, twisted, tied or pulled to their knotted ends
5. Several beads from junk jewelry can be slid back and forth on a secure string. If you have small bells, this is an added attraction.
6. The old metal zippers are sturdy and can be pulled up and down forever.
7. The single side of plastic zippers can be cut into 6" strips and doubled into a loop, sewn opposite an other to represent shoe eyelets. A long shoelace can be doubled and used to thread through back and forth.
8. Weaving can be done using three or five strands of nylon rope forming the weft on a simple loom. Use a thick yarn for the warp. I harden the end with white glue.
9. Loops of ribbons in different sizes and colours are always popular.
10. Loops of elastic in different widths sewn on opposite sides of the block provide stretchability
11. Polar fleece strips cut on the proper grain also afford a fuzzy stretch opportunity.
12. The small Gutermann spools pull apart and fit back together. Thread them so the two parts do not get lost.
13. Thread two serger tubes so they can be fit together; push, pull. These do not have to be attached to a fidget block. If you are able to sew these across into rings, they can be quite suitable for big, medium and small interlocking rings on a rope.
14. Old plastic curlers of different sizes can serve the same purpose.
15. Knit or crochet a 3" granny square from thick yarn and attach to a square.
16. Wide lace or embroidered panels can be stitched so fingers can fit into the spaces. Do not make the spaces so wide that food can be hidden inside!
17. Pompons from yarn are always touchy feely. Just be sure they are securely stitched or it can become bald quite quickly.
18. Patches of fake fur encourages petting for calmness.
19. Grommets sewn on at random can be threaded with the nylon rope whose end has either been hardened in white glue or singed to prevent fraying.
20. Fringes are always good for touchy-feely experiences.
21. Thread a spool onto a block so it can be rolled up and down, back and forth.

The blocks can be finished off by serging, binding, or pillow slipping. In some cases, you could have another technique on the back for a reversible block. Also a loop of some sort is recommended so the fidget square can be attached to a wheelchair arm.

Pat Inch (on behalf of the Comfort Quilt Committee)

FIDGET KITS



COMFORT QUILTS

Greetings,

A huge thank you to Guild members. We were able to safely deliver 16 bed quilts and four nap quilts to a new facility, Crossroads Centre. This facility provides up to 50 beds for pre- and post- treatment stays for men and women fighting substance addiction. Their thank you note is included and you can check out their Facebook site to see posted photos of quilts in the facility.

Jackie Black provided three of the bed quilts made with squares donated by Guild members. She has only three quilted squares leftover and is willing to continue making more quilts if we collect additional squares. Also, Members participating in the Sisterhood Swap may enjoy making additional blocks and quilt them as 16" squares that Jackie can use to hinge bed quilts. If you have any questions, contact me.

We hope that additional quilts can be provided to the Crossroads Centre and Wesway. Wesway has 12 Respite beds and has requested our assistance to brighten them up with bed or nap quilts. Male friendly patterns and colours are most needed.

The Regional Hospital and senior facilities received some fidget quilts and would appreciate obtaining additional fidgets of any kind (marble mazes, muffs, taggy blankets or activity squares). I have some starter kits if you are interested. The Guild website has suggestions and there are many YouTube videos if you are looking for ideas. Additional photos of samples or patterns will be added to our website, as available. Your suggestions are also welcomed. Cathy found some wonderful patterns for knitted muffs.....and crochet works well too. The fidgets are particularly enjoyed by dementia patients. If you have fun with them other will enjoy them too!

Please let us know if you would like a kit of fidget starter materials or have donations of fidgets, quilted squares, or comfort quilts (except children's quilts until facilities are able to use these). We can arrange for drop offs or pickups for these items.

Have some fun and know that your donations are greatly appreciated,

Pat Inch (on behalf of the Comfort Quilt Committee)



Recommended Quilt Sizes

Neo Natal	36" x 36"
Crib	34 to 36" x 36"
Wheel Chair	36" x 48"
Nap Quilt	40" x 55 - 60"
Bed	63 to 65" x 80"
Dignity	72" x 84"

COMFORT QUILTS

Subject: Fw: Thank you from Crossroads Centre

Thank you to all members for the beautiful quilts for the men and women in our program. We have posted a few pictures on our Facebook page, and will post more pictures as we have rooms set up. We admire the time, care, creativity and skill involved to make each one, and they truly are pieces of art and are touched by your kindness.

Men and women at Crossroads work very hard each day in their recovery. We hold the hope for the day when recovery is celebrated by everyone. It takes so much courage, strength and commitment to ask for help and to learn new skills and build positive connections to live life without substances. All of us at Crossroads are grateful to be a part of each person's journey and witness the capacity for change and resilience every day. This has been even more so during the pandemic. Through your quilts, you have joined these journeys and will touch the lives of so many people.

Thank you for thinking of us and helping us create warm and welcoming spaces at Crossroads, where your quilts will remind our clients of the true spirit of community.

Stay safe, health and caring.

Nicole Spivak, She/Her
Executive Director
Crossroads Centre Inc.



Crossroads, where re-connection and self-discovery meet



HINGE QUILTS



COMFORT QUILTS



COMFORT QUILTS



COMFORT QUILTS



Sew Flippin' Creations

Pay As You Sew Centre

Long Arm Quilting Machine Rental

Get your quilt done in less time than it takes to cook a turkey!



MILLIE—Long Arm Quilting Machine on
12 Ft. Frame with Quilt Path System
(26" throat space)



GEORGE — Table Top Long Arm
Quilting Machine (22" throat space)

Rates by the Hour * Bulk Rates Available

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